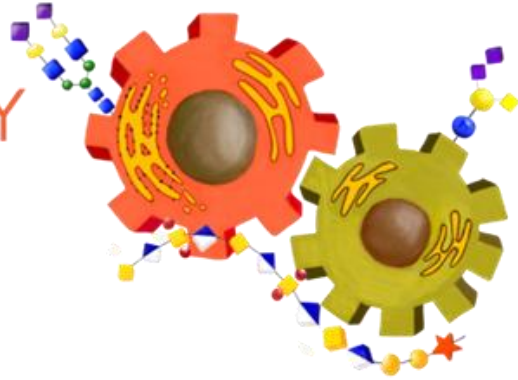


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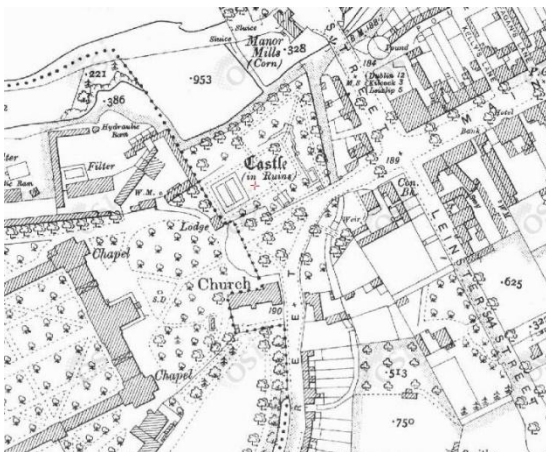


Maynooth Town
Amenities
Activities
and
Sights

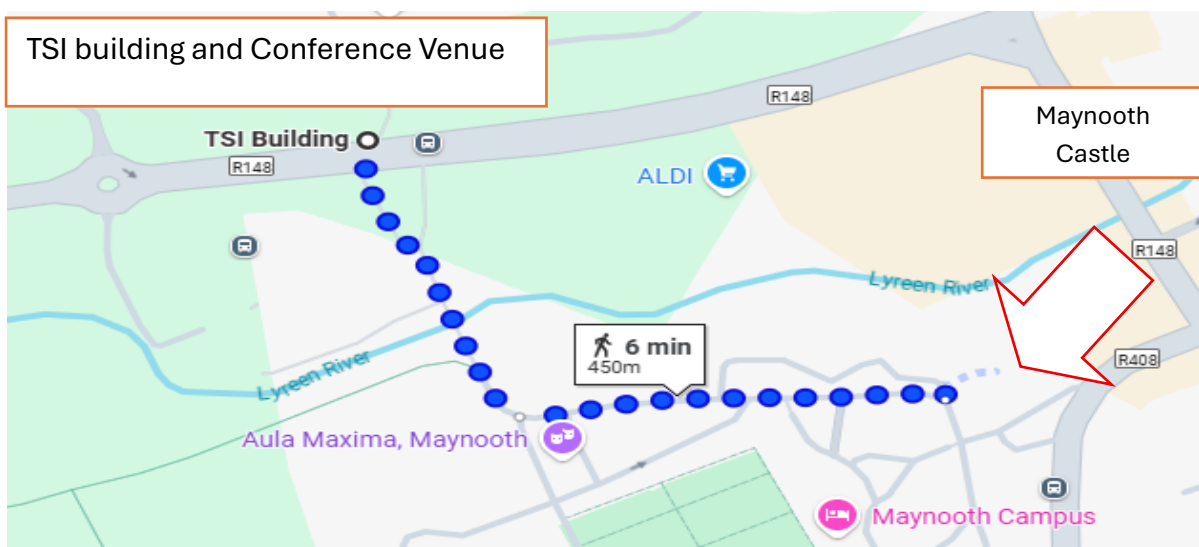
Maynooth Castle



A short walk from the conference venue, the ruins of this 12th Century Norman castle represents a foundational site of Maynooth. Open from 10.00-17.30, the castle boasts an extensive exhibition of the Fitzgerald family (allegedly the source of the X on the British Union Jack!), free entry and free guided tours throughout the day.



TSI building and Conference Venue



Carton House grounds and golf club

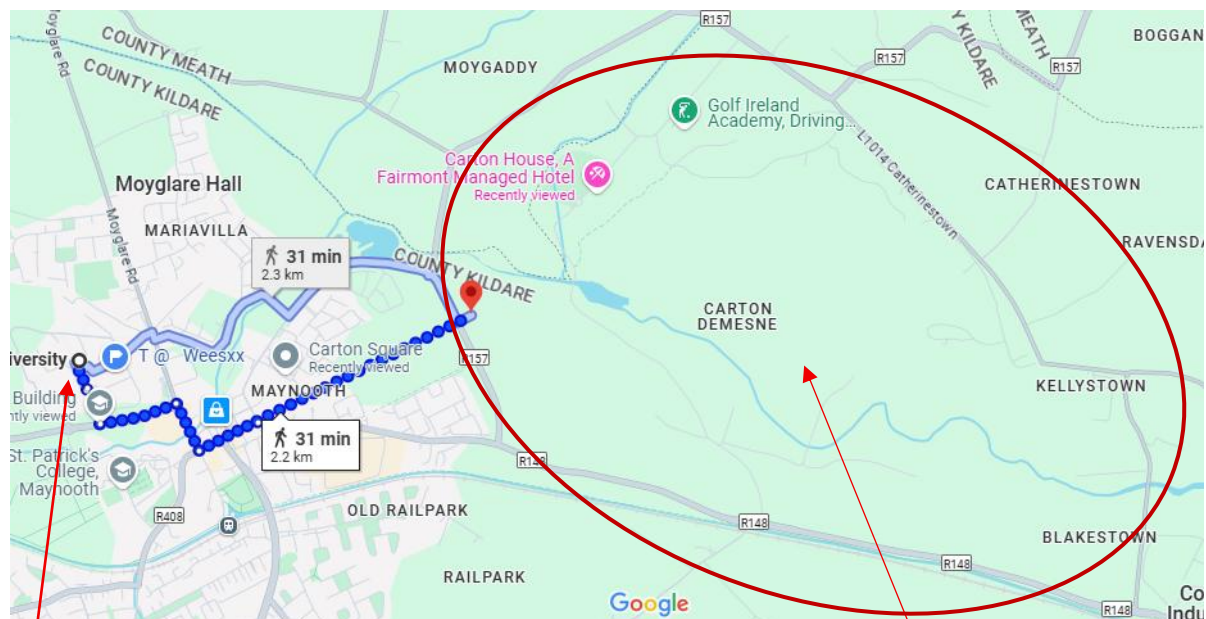


Accessible by foot from the university campus, the grounds of Carton House offer a picturesque location to go for a wander, walk or run and provide a tasteful blend of rolling golf-course, manicured lawns and Irish wildlife.

[Carton House Golf](#) is available to book online for those who are considering extending their stay and sampling two of Ireland's finest championship golf courses.

[Carton House Spa](#) provides a range of bespoke treatments to infuse your visit with a touch of rejuvenation.

[The Carriage House](#) is Carton's premium restaurant, with the additional options of enjoying a drink at the bar, or a mid-walk coffee stop at Carton House.



TSI building and Conference Venue

Carton House grounds

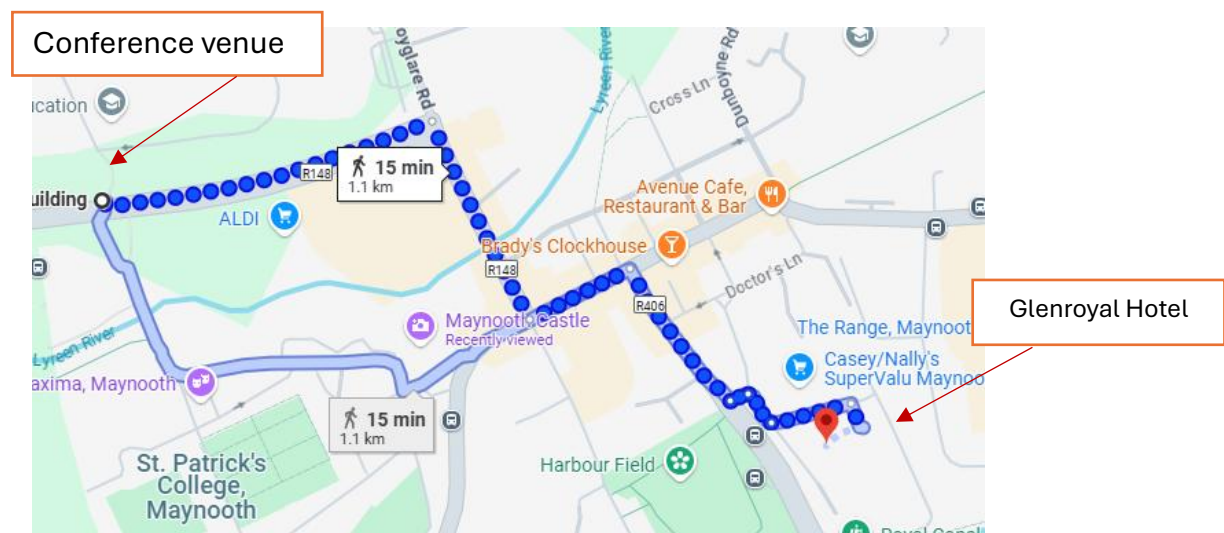
The Glenroyal Leisure centre, Arkle bar and Shoda Market Café



The leisure centre at this 4-star hotel offers 2x 20m swimming pools, with a Sauna, steam room and Hydro spa/jacuzzi in both. Entry passes available to non-members from 10-6pm at a cost of 13euros, which includes access to a large free weights area and cardio section.

Shoda café adjoined to the Glenroyal provides breakfast, lunch and hot beverages and sells a selection of quality local foods, perfect for gift-giving or sampling.

The Arkle Bar and restaurant is a classy venue for dining out or meeting for drinks



Food and Restaurants

1. **Aldi** is grocery shop located less than 200m across from the TSI building conference venue that provides snacks and ready-made sandwiches if you require sustenance in a hurry.
2. **Manor mills shopping centre** is 5 minutes from the conference venue and hosts a Costa, ice-cream stand and 'Sásta' restaurant and café . Hickey's **Pharmacy** can be found inside, and is open from 9-6pm.
3. **The Main Street** of Maynooth is a reservoir of Restaurants:
 - €€ [The Roost](#) an excellent Gastro pub (plus Carvery style options)
 - €€€ [Stone Haven Restaurant](#) varied, modern, high quality menu
 - €€ [Orient](#) Asian fusion and sushi
 - €€ [Delhi Darbar](#) Authentic Indian Cuisine, gluten free/vegetarian
 - €€ [Yeah Burgr](#) quality fast food, gluten free options
 - €€€ [PICADEROS Restaurant](#) Argentinian Grill, Spanish tapas

Further out (15 minute walk) at Carton retail park:

- € [Camile Thai](#) Thai food, vegan/gf options, limited seating.
- € [Domino's Pizza](#) self explanatory, not really for sit-in, gf/vegan

JOJOs café (below) is purported to be the best in the town, though options are plentiful, but doesn't provide any seating. Perfect for a takeaway coffee and a 25 minute round trip walk back to the conference venue.

This is far from a complete list and many more pubs, restaurants and cafés can be found along and around Maynooth Mainstreet. Delivery is also an option in the majority of cases using the Justeat app or establishment websites.



Enjoy your stay !